HeartMind Bodywork

HeartMind Shiatsu: Basic Training Program
Boulder, CO

101 & 102 Session Journals

1. Please describe the routine you practiced.

2. What worked well?

3. Any challenges or questions that came up?

4. Any “ah ha” moments?

5. Please include completed feedback form from the individual who received the session.

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Student Session Evaluation

Dear Student Practice Client,

As an important aspect of our ongoing pursuit of excellence and support for our students, please take a moment to fill out this brief questionnaire on your reactions to the session you have received. This will greatly help us and the students to continue to grow and improve their practice of HeartMind Shiatsu. Thank you very much for your valuable feedback, and we hope you enjoyed your session and will continue to support our students in their steady improvement through the program.

--The HeartMind Bodywork Team.

1. What are your general impressions of the shiatsu session you just received?

2. What did you like most about the session?

3. Was there anything you didn't like? Have you any suggestions on how it could be improved?